

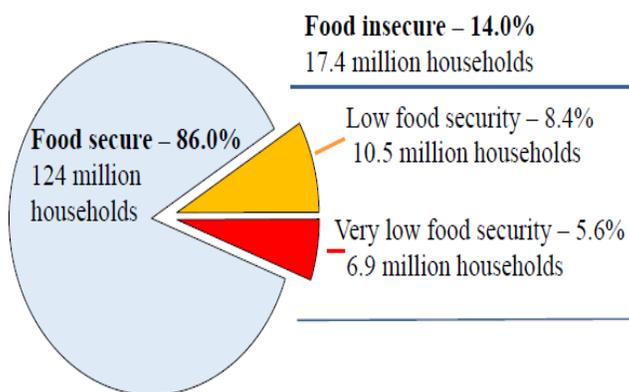


Eau Claire County HIDDEN HUNGER

Winter 2015

Hunger Highlight

U.S. households by food security status, 2014



Food Security: Access at all times to enough food for an active, healthy life for all household members.

Food Insecurity: Unable, at some time during the year, to provide adequate food for one or more household members due to a lack of resources.

Very Low Food Security: Normal eating patterns of some household members were disrupted at times during the year and their food intake reduced below levels they considered appropriate

How does food insecurity compare in Eau Claire County?

13% - 1 out of 8 Eau Claire County residents are food insecure.

Map the Meal Gap 2015
[Click Here](#)

Eau Claire County WIC households:

- **55%** report food insecurity.
- **22%** report very low food security.

WIC WI Food Insecurity, 2012 [Click Here](#)

How Can You Help?

Assist with Free Holiday Meals

- **SATURDAY, DECEMBER 19, 5:00-7:00 PM, Hope Gospel Mission**
8 South Farwell Street, Eau Claire. To volunteer, call 715-552-5566, #1303
- **FRIDAY, DECEMBER 25, 8:00-10:00 AM (Brunch), The Community Table**
320 Putnam Street, #2, Eau Claire. To volunteer, call 715-835-4977

Become a Positive Avenues Advisory Committee Member

Positive Avenues is looking for advisory committee member with nutritional background. Board meetings are the 3rd Wednesday of each month from 4:40 to 6:00 PM. Email Susan Howe at susan.howe@lsswis.org if interested.



Recent Food Security Efforts

Newly Remodeled Family Affordable Housing

Two recently remodeled 3 bedroom homes available for families to rent. One rental at 610 Spring Street is \$680/month. The second rental is at 3233 Potter Road for \$750/month. Both of these apartment are energy efficient and accept section 8 vouchers. For more information and pictures [Click Here](#)

Emergency Assistance Available for Those in Need

Mondays from 11am—3pm at the Eau Claire County Job Center eligible residents walk-in to get assistance with past due rent, security deposit, first month's rent, or utility disconnect notices. There are many items needed to be brought to qualify for assistance. For more information, to learn about eligibility or to schedule an appointment on a different day, please call 855-792-5439.

HUNGER NEWS

American Hunger-Related Healthcare Costs Exceeded \$160 Billion in 2014, According to New Study

There are many health risks associated with food insecurity that affect adults and children. Poor and inadequate nutrition increases the likelihood for adult health problems such as: obesity, diabetes, hypertension and cardiovascular disease. Children living in food insecure families are twice as likely to be in poor health and nearly one-and-a-half times as likely to have asthma. Food insecurity health risks are not only physical but also psychological. Inadequate nutrition can impair children's learning ability and cause stress which can adversely affect behavior. Poor nutrition in early childhood often carries over into adulthood. In 2014, more than \$160 billion was spent on health risks associated with food insecurity (Bread for the World Institute). This cost was calculated using estimated healthcare costs of treating diseases and health conditions associated with household food insecurity plus earnings lost when people took time off work because of these illnesses or to care for family members with illnesses related to food insecurity. Read the full article for details and ideas to improve food security and reduce community healthcare costs. For full article [Click here](#)



American hunger. (photo: Brandon Warren Flickr)



Hunger Prevention Coalition
for Eau Claire County

UW
Extension
University of Wisconsin-Extension

An EEO/AA employer, University of Wisconsin Extension provides equal opportunities in employment and programming, including Title IX and American with Disabilities (ADA) requirements.

