



Chicken and Mixed Veggies in Gravy Over Biscuits

- 1 tablespoon oil
- 1 pound skinless, boneless chicken breast, cut into ½” cubes
- 1 small onion, chopped (optional)
- ¼ cup green or red pepper, chopped (optional)
- 2 cups mixed frozen vegetables
- 1 package dry chicken gravy mix
- 1 teaspoon parsley
- Baking powder biscuits, baked potato or cooked pasta

1. Fry chicken cubes, chopped onion and pepper in oil on medium heat until cooked through.
2. Add frozen vegetables to chicken and cook until very crisp-tender.
3. Meanwhile, mix the gravy in a separate bowl as directed on the package.
4. Add the gravy and parsley to the chicken and vegetables. Cook over medium heat until gravy comes to a boil. Simmer until gravy is thick.
5. Serve over baking powder biscuits, baked potato or cooked pasta.