

Strawberry Spinach Salad

Serves 4-6

Ingredients:

Dressing

2 Tablespoons sesame seeds, if you wish
1 Tablespoon poppy seeds, if you wish
½ cup sugar
½ cup oil
¼ cup vinegar
¼ teaspoon paprika
¼ teaspoon Worcestershire Sauce
1 Tablespoon minced onion

Salad

10 ounces fresh spinach
1 pint fresh strawberries
¼ cup nuts, if you wish



Directions:

1. Mix dressing ingredients and chill.
2. Wash and dry spinach. Tear into bite size pieces and place in a medium bowl.
3. Rinse and slice strawberries. Add to bowl of spinach. Add nuts if you wish.
4. Serve with dressing.

Recipe adapted from University of Nebraska-Lincoln
Extension

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