

# Almond Crunch Green Beans

## Ingredients:

- ½ pound fresh green beans
- ¼ C. water
- 1 Tbsp. margarine or butter
- 1-2 Tbsp. toasted silvered almonds
- Salt to taste

Servings: 2 to 3

## Directions:

1. Cut or snap green beans in 1-inch pieces.
2. Cook and stir beans, water, margarine/butter and salt in 12-inch skillet over medium heat until margarine/butter is melted.
3. Cover and cook until beans are tender, 15 minutes.
4. Stir in almonds.



Prepared by Eau Claire County Wisconsin Nutrition Education Program (WNEP). WNEP education is supported by the USDA Food Stamp Program, UW-Extension, FoodShare Wisconsin, and local partners. In Wisconsin, FoodShare can help provide a healthy diet. To find out more about FoodShare, call 715/839-2300. An EEO/Affirmative Action employer, UW-Extension provides equal opportunities in employment and programming, including Title IX and ADA requirements.

